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# SEASON PACK

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SEASON 7

2019-2020



# LOCATION

FALLEN ANGELS CHEER HAS RELOCATED TO JESMOND IN 2019, TO TAKE ADVANTAGE OF EXTRA SPACE AND EQUIPMENT.

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NEWCASTLE HIGH SCHOOL FOR GIRLS  
MUSIC AND PE BUILDING  
44 BACK BRANDLING PLACE SOUTH  
NEWCASTLE UPON TYNE  
NE2 4RU

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# COMPETITION TEAMS

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CHERUBS	5-8 YEARS	LEVEL 0
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HALO	9-11 YEARS*	LEVEL 1
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VIRTUE	12+ YEARS*	LEVEL 1**
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\*YOUNGER ATHLETES BY INVITATION ONLY

\*\*WE WILL BE AIMING FOR SENIOR LEVEL 2

# TIMETABLE

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CHERUBS	SUNDAY	9:15-10:15
	THURSDAY (OPT.)	18:00-20:00

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HALO	SUNDAY	9:15-11:15
	THURSDAY (OPT.)	18:00-20:00

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VIRTUE	SUNDAY	11:30-13:30
	THURSDAY	18:00-20:00

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# TRAINING FEES

TRAINING FEES ARE BASED ON THE NUMBER OF HOURS TRAINED PER WEEK SPREAD ACROSS THE YEAR. FEES ARE DUE ON THE 1ST OF EACH MONTH AND MUST BE PAID VIA OUR ONLINE SYSTEM - LOVEADMIN.

ALL PAYMENTS ARE NON-REFUNDABLE

1 HOUR	£20
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2 HOURS	£25
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3 HOURS	£30
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4 HOURS	£35
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# HOLIDAYS

ATHLETES TRAIN FOR 46 WEEKS OF THE YEAR -  
OUR CLOSURE DATES ARE LISTED BELOW.  
ABSENCES OUTSIDE OF THIS MUST BE REPORTED  
TO [INFO@FALLENANGELSCHEER.COM](mailto:INFO@FALLENANGELSCHEER.COM), WITH AT  
LEAST TWO WEEKS NOTICE.

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AUTUMN  
HALF TERM

**SUNDAY 27 OCTOBER**  
**THURSDAY 31 OCTOBER**

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CHRISTMAS

**SUNDAY 22 DECEMBER**  
**THURSDAY 26 DECEMBER**  
**SUNDAY 29 DECEMBER**  
**THURSDAY 2 JANUARY**

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EASTER

**SUNDAY 5 APRIL**  
**THURSDAY 9 APRIL**  
**SUNDAY 12 APRIL**  
**THURSDAY 16 APRIL**

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MAY  
HALF TERM

**SUNDAY 24 MAY**  
**THURSDAY 28 MAY**

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# TRAINING UNIFORM

ALL COMPETITIVE ATHLETES ARE EXPECTED TO TRAIN IN BRANDED TRAINING KIT. AT THE MINIMUM, THIS IS A FALLEN ANGELS T-SHIRT WITH LOGO AND PLAIN BLACK SHORTS/LEGGINGS.



OUR TRAINING T-SHIRTS, AND A RANGE OF OTHER ITEMS ARE AVAILABLE TO BUY FROM OUR **"ROCK THE DRAGON" SITE**



WE ALSO STOCK PURPLE SUBLIMATED KIT OURSELVES, INCLUDING SHORTS, LEGGINGS, VESTS, CROP TOPS AND JACKETS. IF YOU WOULD LIKE ANY OF THESE ITEMS FOR YOUR CHILD, PLEASE EMAIL US AND WE WILL CHECK IF WE HAVE A SUITABLE SIZE IN STOCK.



# FOOTWEAR

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ALL ATHLETES WILL NEED PLAIN WHITE TRAINERS, THAT ARE CHANGED INTO UPON ARRIVAL, AND NOT WORN OUTSIDE UNDER ANY CIRCUMSTANCES.

THE COACHING TEAM CAN ADVISE ON SPECIALIST CHEER TRAINERS, WHICH CAN BE PICKED UP ONLINE FOR A REASONABLE PRICE, AND HAVE ALL OF THE SUPPORT NEEDED FOR SUCH A DEMANDING SPORT.

ALTERNATIVELY, CHEAP WHITE SHOES CAN BE PICKED UP FROM MANY SUPERMARKETS OR HIGH STREET STORES.

SPLIT SOLE DANCE SHOES ARE NOT ALLOWED.

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# COMPETITIONS

ICE BLIZZARD  
NEWCASTLE

**8 & 9 FEBRUARY**

£15 (+£10 CROSSOVERS)

**ALL TEAMS**

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BCA FUNDAMENTALS  
NEWCASTLE

**29 FEBRUARY**

£25 (+£15 CROSSOVERS)

**HALO, VIRTUE**

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ICE SUMMER MELTDOWN  
DONCASTER

**16 & 17 MAY**

£20 (+£15 CROSSOVERS)

**ALL TEAMS**



# COMPETITION PAYMENT DEADLINES

	CHERUBS	HALO OR VIRTUE	CROSSOVER
1 OCT	£20	£20	£35
1 NOV	£15	£20	£35
1 DEC		£20	£30
TOTAL	£35	£60	£100

# ICE BLIZZARD

## LOCATION:

SPORT@KENTON  
DRAYTON ROAD  
KENTON  
NEWCASTLE UPON TYNE  
NE3 3RU



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## SATURDAY 8 FEBRUARY

SESSION 1: CHEER - MINI, YOUTH  
SESSION 2: CHEER - SENIOR

## SUNDAY 9 FEBRUARY

SESSION 1: STUNT GROUPS, SOLOS  
SESSION 2: DANCE

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SPECTATOR  
TICKETS

ADULTS (12+): £7.50/SESSION  
CHILDREN: £3.50/SESSION

ALL COMPETITIONS, VENUES, AND DATES ARE SUBJECT TO CHANGE

# BCA FUNDAMENTALS

## LOCATION:

SPORT CENTRAL  
NORTHUMBRIA  
UNIVERSITY  
NORTHUMBERLAND ROAD  
NEWCASTLE UPON TYNE  
NE1 8QD



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**SATURDAY 29 FEBRUARY**  
CHEER - YOUTH, SENIOR  
STUNT GROUPS  
SOLOS  
DANCE

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SPECTATOR  
TICKETS

**ADULTS (13+): £20/DAY**  
**CHILDREN: £10/DAY**

# ICE SUMMER MELTDOWN

## LOCATION:

THE DOME  
DONCASTER LAKESIDE  
BAWTRY ROAD  
DONCASTER  
DN4 7PD



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## SATURDAY 16 MAY

SESSION 1: CHEER - MINI, YOUTH  
SESSION 2: CHEER - SENIOR

## SUNDAY 17 MAY

SESSION 1: STUNT GROUPS, SOLOS  
SESSION 2: DANCE

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SPECTATOR **ADULTS (12+): £10.00/SESSION**  
TICKETS **CHILDREN: £5.00/SESSION**

ALL COMPETITIONS, VENUES, AND DATES ARE SUBJECT TO CHANGE

# SPECTATOR TICKETS

YOU MUST ORDER AND PAY FOR YOUR ICE SPECTATOR TICKETS THROUGH LOVEADMIN. LOG INTO YOUR ACCOUNT, AND HEAD TO THE PAYMENT SECTION. ADD THE NUMBER OF TICKETS PER SESSION THAT YOU REQUIRE AND PAY THERE AND THEN.

ALL ATHLETES UNDER 17 MUST BE ACCOMPANIED AT ALL COMPETITIONS, BY AN ADULT.

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ICE BLIZZARD

**ORDER & PAY BY:  
15 NOVEMBER**

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ICE SUMMER MELTDOWN

**ORDER & PAY BY:  
1 MARCH**

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BCA FUNDAMENTALS

**ORDER  
ONLINE**

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# RED ZONE

ATHLETE ABSENCES ARE DETRIMENTAL TO TEAM TRAINING AND PERFORMANCE. THE TWO WEEKS PRIOR TO COMPETITIONS ARE A “RED ZONE”, AND ANY PLANNED ABSENCES MUST BE AUTHORISED BY US WITHIN TWO WEEKS OF RECEIVING THIS PACK.

ONLY SESSIONS MARKED \* ARE CONSIDERED COMPULSORY FOR CHERUBS

ICE BLIZZARD

**SUNDAY 26 JANUARY\***  
**THURSDAY 30 JANUARY**  
**SUNDAY 2 FEBRUARY\***  
**THURSDAY 6 FEBRUARY**

BCA FUNDAMENTALS

**SUNDAY 16 FEBRUARY**  
**THURSDAY 20 FEBRUARY**  
**SUNDAY 23 FEBRUARY**  
**THURSDAY 27 FEBRUARY**

ICE SUMMER MELTDOWN

**SUNDAY 3 MAY\***  
**THURSDAY 7 MAY**  
**SUNDAY 10 MAY\***  
**THURSDAY 14 MAY**

# COMPETITION UNIFORM

EACH ATHLETE REQUIRES A UNIFORM TO COMPETE IN. THIS CAN BE BOUGHT OUTRIGHT OR RENTED FOR THE SEASON.

PURCHASE - £70

RENT PER YEAR - £35

BOW (FEMALES ONLY) - £8

PAYMENT DEADLINE: 1 NOVEMBER





# **TRAVEL & ACCOMMODATION**

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FALLEN ANGELS HAS PREVIOUSLY BEEN LEFT OUT OF POCKET FOR TRAVEL AND ACCOMMODATION, DUE TO PEOPLE CANCELLING. FROM THIS SEASON, WE WILL NO LONGER ARRANGE THIS ON YOUR BEHALF.

YOU ARE WELCOME TO MAKE YOUR TRAVEL AND ACCOMMODATION ARRANGEMENTS AS A GROUP, SHOULD YOU WISH. WHEN BOOKING, WE ADVISE THAT YOU BOOK ROOMS THAT ARE REFUNDABLE, OR TAKE OUT SUITABLE CANCELLATION INSURANCE. UNDER NO CIRCUMSTANCES WILL FALLEN ANGELS BE RESPONSIBLE TO YOU FOR FUNDS LOST DUE TO AN EVENT BEING CHANGED OR CANCELLED BY THE PROVIDER, OR DUE TO THE TEAM BEING UNABLE TO ATTEND.

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# IMPORTANT DATES

Sep 2019						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Oct 2019						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Nov 2019						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Dec 2019						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

CHOREOGRAPHY DAYS	COMPETITION	SPECTATOR ORDER DUE	RED ZONE
FUN PRACTICE	CLOSED	COMPETITION FEES DUE	

# IMPORTANT DATES

Jan 2020						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Feb 2020						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	

Mar 2020						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Apr 2020						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

CHOREOGRAPHY DAYS	COMPETITION	SPECTATOR ORDER DUE	RED ZONE
FUN PRACTICE	CLOSED	COMPETITION FEES DUE	



# IMPORTANT DATES

May 2020						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Jun 2020						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Jul 2020						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Aug 2020						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

CHOREOGRAPHY DAYS	COMPETITION	SPECTATOR ORDER DUE	RED ZONE
FUN PRACTICE	CLOSED	COMPETITION FEES DUE	